



Birmingham &
Black Country

Lunch & Learn *Sessions*



Lunch & Learn Sessions are a great employee engagement opportunity; a chance to learn something new, find out more about the work of the Wildlife Trust and take a break from the daily grind - plus there's no limit to the number of colleagues who can attend – the joy of zoom!

We offer one-hour digital webinars on a range of subjects from Mindfulness in Nature, Wildlife Gardening, Urban Hedgehogs, Bees in the City or an Introduction to Garden Bird Identification.

£300 +VAT

**Block book 4 sessions
for just £1000** +VAT

“I just wanted to thank you for this session... an excellent reminder of the importance of taking time for a break and to practice mindfulness for our mental and physical well-being.”

Ray, Associate, Hogan Lovells, Tokyo



Registered Charity no: 513615

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If you are looking for a more hands-on experience we also provide digital workshops such as bird box making and wreath making (seasonal!) with resources posted directly to participants.

Workshop: Introduction to Bird Identification and Build a Bird Box

Cost: £1,020 +VAT

Duration: 1.5 hours

Participants: Up to 30

Resources: Bird box kit via post to each participant

Workshop: Willow Weaving / Christmas Wreath Making

Cost: £970 +VAT

Duration: 1.5 hours

Participants: Up to 30

Resources: Willow sourced from our nature reserves via courier to each participant



For more information, contact:
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